



Find Answers
Achieve Goals
Change Mindsets
Embrace Change

PROFESSIONAL FEES

COUNSELLING	A	B	C
Counselling session of 1	\$149	\$123	\$97
10 Counselling sessions <i>(to be used within 12 weeks)</i>	\$1341	\$1107	\$873
COACHING	A	B	C
Coaching Session of 1.5 hours	\$225	\$185	\$145
Intake up to 2 hrs	\$295	\$245	\$195
Coaching Plan I Intake and 6 sessions <i>(to be used within 6 months)</i>	\$1595	\$1295	\$995
Coaching Plan II Intake and 8 sessions <i>(to be used within 8 months)</i>	\$2025	\$1725	\$1275
Coaching Plan III Intake and 3 sessions <i>(to be used within 3 months)</i>	\$895	\$745	\$595
3 Follow-up Sessions <i>(used in an agreed time frame)</i>	\$695	\$555	\$395
FACILITATION	ASK for a Quote		



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Coaching for Life Career Health & Well Being | Facilitation | Professional Supervision | Education & Advice | Resilience
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